

Every day, millions of test takers suffer from test stress. **TEST SUCCESS!** is the first comprehensive guide for reducing test stress and improving performance. It contains nine core tools for reducing stress and raising scores that are

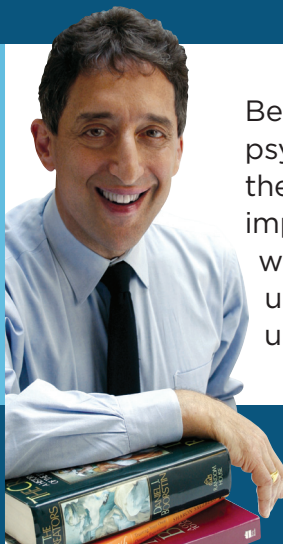
- Applicable for any test, from final exams and standardized tests to professional licensing exams
- Written in a clear, easy-to-understand style and designed for test takers from high school students through professionals
- The complement to every test-content book on the market

“Bernstein has put together, out of a lifetime of work in the field, wonderful ideas for tackling testing—and making us all more naturally good at it.”

Deborah Meier, MacArthur Fellow; Vice Chair Emeritus, Coalition of Essential Schools; and author of *In Schools We Trust*

“An astonishing rendition of what it’s like to be personally coached by Dr. Bernstein.”

Charles N. Bertolami, Dean, New York University College of Dentistry



Ben Bernstein, Ph.D., is an award-winning educator and clinical psychologist. For the last 40 years he has taught at every level of the educational system. His original approach to reducing stress to improve test performance is used by students of all ages, across a wide spectrum of examinations, in schools, junior colleges, universities, hospitals, correctional institutions and programs for underserved college-bound youth.

EVERYTHING YOU NEED TO KNOW ABOUT HOW TO RAISE TEST SCORES BY LOWERING TEST STRESS

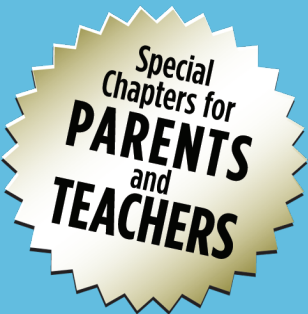
TEST SUCCESS!

Ben Bernstein, Ph.D.



“Dr. Bernstein’s approach is a real eye-opener—and it works!”

— Thomas W. Phelan, Ph.D., Bestselling Author of *1-2-3 Magic: Effective Discipline for Children 2-12*



TEST SUCCESS!

How to Be Calm, Confident & Focused on Any Test

Ben Bernstein, Ph.D.
Performance Coach